

Club Name:	Assessment Completed by (name / role):
Cycling UK - Merseyside	Harry Fowler - Rides Coordinator
Club Address:	Date Completed:
Eureka Café, Parkgate Road, Two Mills, Chester, CH1 6EZ	03/08/2020

Covid 19 Supplementary Risk Assessment for Club Activities, Coaching, Instruction and Leadership

Functional Area	Description of the Risk	Who is at Risk						Level of risk (pre-control)			Controls to reduce the Risk <small>(The use of PPE is to be considered a last resort when all other controls have been exhausted)</small>			Level of risk (post-control)			Action Progress		
		P	C	G	H	M	L	H	M	L	H	M	L	Who (name)	When (due)	Complete (date)			
<p>In all cases if attending an existing facility for your activity ensure the facility operators have completed a covid 19 specific risk assessment and that you have been given a copy to understand the extra controls you may require to make your activity safe.</p>																			
Pre-Activity Communication	People not receiving appropriate and accurate information in advance of attending an activity	•					•				Activity guidelines developed and tested with sample of participants to ensure understanding and appropriate use of terminology	•			H.Fowler	3//8/20	03/08/20		
	Activity guidelines not understood and adhered to by participants	•					•					•			H.Fowler	3//8/20	03/08/20		
Area of Activity / Led Ride Route	People gathering, queuing in a confined space and unable to maintain social distancing protocols	•					•				Registration system and Online payment system in place for all activities			•	H.Fowler	3//8/20	03/08/20		
	Handling of cash and pens will increase likelihood of transmission	•					•							•	H.Fowler	3//8/20	03/08/20		
	Secure storage of personal belongings creating potential for transfer and migration of disease	•					•				All participants notified to store personal effects in locked vehicles where possible.			•	H.Fowler	3//8/20	03/08/20		
	Activity area lacking appropriate spacing giving limited opportunity for social distancing	•					•				Adapt activities to meet social distancing requirements. Consider what type of activity can and can not take place during this time			•	H.Fowler	3//8/20	03/08/20		
	Clear routes to and from activity areas not clearly defined	•					•				When planning sessions think how riders maybe able to enter and exit each activity. Consider potential bottle necks in courses.			•	H.Fowler	3//8/20	03/08/20		
Task (activities)	Riders failing to maintain correct distance during activity	•					•				identify bottle necks where the riders may bunch together, insert additional section of circuit before this and an alternative line around it			•	H.Fowler	3//8/20	03/08/20		
	Activities which produce direct or indirect contact between riders	•					•				Avoid activities such as bottle pass, high fives, bunch riding			•	H.Fowler	3//8/20	03/08/20		
	Falling to maintain correct social distance during activity	•					•				Identify and clearly mark areas for riders to gather whilst the activity lead delivers instructions and feedback, ensuring correct distancing. Avoid activities where the risk of accidents is higher, or manipulate the area and speed to manage the risk.			•	H.Fowler	3//8/20	03/08/20		
Loan equipment	Risk of transmission from loan equipment not being suitably cleaned between use	•				•					Ensure cleaning regime is created and applied to ensure reduction of transmission of infections			•	H.Fowler	3//8/20	03/08/20		
Volunteers & Coaches	Volunteers coming in to close contact with participants and spectators	•					•				Areas for volunteers clearly marked to maintain suitable social distancing measures			•	H.Fowler	3//8/20	03/08/20		
	Volunteers who would be classed 'at risk' attending the event	•					•				All volunteers to be reminded of their obligation to self certify suitability to attend the activity, and to notify the club as soon as possible should they feel unsure or are developing symptoms in line with current NHS guidance			•	H.Fowler	3//8/20	03/08/20		
First Aid Provision	First Aid provision unable to exercise correct treatment protocols in line with guidance	•				•					Ensure first aid provision is correctly qualified and has the necessary additional PPE and supplies to deal with potential covid infected participants			•	H.Fowler	3//8/20	03/08/20		
	First aid provision unaware of protocols and actions should a person present with acute signs of covid 19 infection	•				•					Club to ensure first aider is conversant with current NHS guidance on the management of individuals presenting with covid 19 symptoms			•	H.Fowler	3//8/20	03/08/20		

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		P	C	G	H	M	L		H	M	L	Who (name)	When (due)	Complete (date)
		P = Participant / C = Coach or Volunteer / G = General Public H = High / M = Medium / L = Low												
First Aid Provision	First Aid certificate expires during covid period and is unable to be refreshed	•					•	Verify that first aid cert is within existing guidelines (with extension)			•	H.Fowler	3//8/20	03/08/20
	The requirement to undertake first aid	•					•	Ensure that the location and activities used are comfortably within the participants capabilities			•	H.Fowler	3//8/20	03/08/20
Emergency services response	All activity volunteers unaware of the actions to be taken in an emergency requiring attendance of the emergency services	•					•	All activity volunteers to be briefed on the actions to be taken should the emergency services attend. Access / Exit points to be clearly identified and controlled to ensure these are clear at all times. Nominated person to assist Emergency services, if required			•	H.Fowler	3//8/20	03/08/20
spectators / Parents / Other users	participants and spectators sharing food and drink increasing the cross contamination potential	•					•	At time of booking attendees will be notified of no food or drink provision being available, with advise to bring sufficient supplies for the activity			•	H.Fowler	3//8/20	03/08/20
	Parents congregating, or impeding the activity	•					•	Designated viewing area to be marked out with social distancing marking as per current government guidelines			•	H.Fowler	3//8/20	03/08/20
	Participants and parents congregating in parking areas due to high numbers	•					•	All sessions separated by a suitable time gap to allow access and egress safely from parking areas			•	H.Fowler	3//8/20	03/08/20
Shared Facilities	gathering of people within a confined space increasing the risk of infection and preventing social distancing protocols	•					•	All common areas to be secured and considered non-accessible			•	H.Fowler	3//8/20	03/08/20
	Changing and showering facilities creating confined space with no social distancing measures increasing the likelihood of infection	•					•	All common changing areas to be secured to prevent use or access. All participants to be instructed to attend correctly dressed for the activity and to then travel home prior to showering etc.			•	H.Fowler	3//8/20	03/08/20
	Toilets creating confined space with many touch points to increase potential for infection	•					•	Controlled access to toilet facilities to maintain low numbers to enable correct social distancing. Cleaning regime to be applied throughout the day with extra attention given to common touch points			•	H.Fowler	3//8/20	03/08/20
Equipment	Equipment not being checked prior to use in line with existing standard practice due to fears of contamination	•					•	Ask participants to undertake own checks, under supervision / use effective hand hygiene and social distancing to check bikes, helmets and equipment			•	H.Fowler	3//8/20	03/08/20
	Repairs to equipment required during activity	•					•	Leader to be suitably qualified to undertake repair. Repair to be undertaken in line with effective hand hygiene and social distancing requirements			•	H.Fowler	3//8/20	03/08/20
	Use of specialist emergency equipment	•					•	Replace group shelter with individual bivvy bags; ensure that riders have their own spare clothing, waterproofs and personal medical requirements			•	H.Fowler	3//8/20	03/08/20